



Volunteer Position Description Warehouse Assistant

Warehouse Assistants assist with unloading truck deliveries. This is an active position, and is especially needed on Mondays and Fridays.

Warehouse Assistants Do:

- Ideally have the ability to lift at least 50 pounds, with or without reasonable accommodations
- Bend, lift, and rotate repeatedly throughout the unloading process
- Follow directions quickly and accurately

Warehouse Assistants Do Not:

- Eat or drink while unloading the truck
- Talk on, text, or browse the web on their phones while unloading the truck
- Take food for themselves during the unloading process, either for immediate consumption or later use

Warehouse Assistant Dress Code:

- Assistants must not wear tank tops. Short sleeve shirts are allowed.
- Assistants must wear closed-toe shoes at all times. No flip flops.
- Shorts are permitted. Please wear shorts that are mid-thigh length or longer.
- Assistants are encouraged to dress in layers due to temperature variabilities on location, and should be aware that inclement weather may happen at any point during the unloading process.
- As it is possible that an assistant may be asked to interact with the public, assistants may not wear items of clothing on which are written words or sayings that others may find offensive.